

# Hall Mead PE Department



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# Welcome to the P.E. Department



**Mr Sammons –  
Head of Department**



**Mrs Morgan**



**Mr Morritt**



**Miss Kennett**



**Mr Swan**



**Mrs Hand**

# What you need to know:

- You will have two 60 minute lessons each week.
- You will line up outside the activity studio/sports hall changing room entrance and wait quietly until your teacher allows you to enter the changing rooms.
- You must bring your P.E. kit to every lesson.

# What you need to know:

- You cannot wear ANY jewellery for P.E. including Fitbits (earrings MUST be removed, so if you intend to have your ears pierced this can only happen during the summer to allow for the 6 weeks healing process over the summer holidays)
- If you are injured you must bring a note from your parent/carer explaining the severity (you are still required to get changed into your P.E. kit). Long term injury will require a medical certificate.





**HALL MEAD**  
SCHOOL

# What practical activities will you study? GAMES:







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# Other Activities:



# KIT

- Your parents have already been sent a kit list but if for any reason your kit is unavailable, you must bring something else to wear from home, so that you can take part in the practical lesson.



# Clubs and Teams:

There are lots of exciting clubs and teams for you to attend. Some are open to all, others are selected on commitment and skill level, via a trial. You will hear more about this when you start in September but the key to any trial is to listen carefully to instructions, try your best to follow them and have fun!

**Netball**

**Football**

**Badminton**

**Athletics**

**Trampoline**

**Rugby**

**Handball**

**Table Tennis**

**Rounders**

**Basketball**

**Cricket**

**Cross-Country**

If you are unsuccessful, please do not be disheartened and give up, the key to success is perseverance, there will be lots of opportunities for you to improve in your lessons and clubs.



# Clubs and Teams:

Clubs take place before school and after school.

Fixtures generally take place after school, but sometimes you are asked to excuse yourself from lessons.

The more you involve yourself in activities the quicker you meet new friends and have opportunities to play against other schools, perhaps against others from your primary school.

Students are rewarded with achievement points and additional responsibilities like becoming a Sports Leader or a Sports Captain.

# House Competitions:

Throughout the year there will be many opportunities for you to represent your House. Not only is this another chance for you to demonstrate your practical skills, this is also a great way for you to develop new social skills and meet new friends.

Chapman

Dickens

Talbot

Waltham

All House competitions are competing for points towards the prestigious Gwynn Harris Trophy, which is awarded to the most successful House at the end of the year.

# Entrance to the Activity Studio, changing rooms and Sports Hall



**The entry to the Sports Hall is on the right, the entry to the Activity Studio is on the left:**





# Activity Studio; set up with the 4 large trampolines



# Sports Hall



# The PE Office is located next to the Fitness Suite



# Fitness Suite entrance





# Multi Use Games Area (MUGA)



# This is the field





# And finally...

We really hope that you are going to enjoy your time in the PE Department over the next 5 years.

You can start your journey with us now by asking your parents/carers to follow us on Twitter [@HallMeadPE](https://twitter.com/HallMeadPE)

Enjoy your summer break!

